



Chicago Section IFT
the First Section



September 13th, Kick Off Dinner Meeting Highlights!

Hopefully, you did not miss our September Dinner Meeting which was held jointly with the ChemPharma Professional Association. We had a kick-off blast with a record number of 270 attendees.



The venue was breath-taking: Sara Lee's cafeteria in Downers Grove, a glass-enclosed rotunda surrounded by water, green vegetation and a beautiful sunset.

The food was outstanding: a selection of tasty meats and vegetables, all sourced locally, with a delicious cheesecake as finish.

And of course we had a great and engaging speaker with Audra Karalius, Vice President Sustainability, Environment and Safety for Sara Lee.



Audra Karalius, Speaker

Audra presentation addressed Sustainability: Impacting People, Profits, and the Place you Live. Sustainability is primarily about the wise and responsible use of resources now without compromising the future for ourselves and our children. Audra gave examples of how Sara Lee addresses different areas e.g. improving wellness and nutrition through informative labeling, protecting the environment through the use of renewable energy sources like spent coffee grounds, and showing social responsibility through the increased sourcing of sustainable coffee beans. Other ways to reduce environmental impact are better logistics to reduce food miles in transportation and smaller food packages. This is a multi-faceted opportunity to influence food choices, change lifestyles and ensure long-term economic prosperity.

So, if in fact you missed it, don't worry. Just sign up soon for our next event and you will enjoy meeting and networking with other food professionals and learning about another hot topic. See you there.